

All the Details:

VENUE:

Swamini's Cottage
47 Hargraves St Castlemaine 3450

TIME:

10am to 3.30pm

DATES:

Icons of Christianity **Saturday 20 April 2019**

Islamic Design **Sunday 21 April**

Illuminated Manuscripts **Monday 22 April**

COST:

\$50 per Workshop

Early-bird special of **\$40** if register before Monday 1 April 2019. Registration essential as numbers limited.

LUNCH:

BYO a plate of vegetarian food to share for lunch
Coffee and tea provided.

PROGRAM:

10am Welcome & teaching

11am Morning tea

11am Technique & practise

12.00 Lunch & walk

1.30 Artwork session including afternoon tea

3.30 Finish

CONTACT:

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www.vinayananda.com



Swamini Vinayananda



A LITTLE ABOUT SWAMINI

Swamini Vinayananda lives and teaches in Castlemaine and has been a Hindu nun with the Chinmaya Mission for the last 20 years in the Advaita Vedanta Tradition, the vision of Oneness.

DO SOMETHING DIFFERENT:

Often people don't go away over the Easter weekend so Swamini is conducting three One Day Workshops for you to choose from. Attend one, two or all three! Whatever it takes your fancy!

Swamini will give some interesting teachings and background to each Sacred Art form and what makes them so universally restful and meditative. Then we shall have a go ourselves. You will be surprised at how calming and centring it is. All materials are provided!

Art and art history have always been a passion of Swamini; man's exploration and expression of the meaning of life. No artistic experience necessary! All welcome!!

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**Sacred Art as
Meditation**
WORKSHOPS

**THREE DAYS THREE TRADITIONS
OVER EASTER**

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